

Pastor
Fr. Matthew Bedard x.23

Parochial Vicar
Fr. Anthony Eboh x.27

Deacons
Deacon David Robertson x.41
Deacon Christopher Stoesser x.24

Pastoral Minister
Leanne Moran x.25

Coordinator of Youth Ministry
Christine Bresette x.28

Sacramental Secretary
Michelle Christie x.21

Financial Secretary
Cathy Cimetta x.22

Sacred Heart Custodian
Ana Maria Moniz x.31

St. Michael Custodian
Ray DiBrita x.30

St. Michael
1920 Wildwood Drive,
Bright's Grove, N6N 1C0
(519) 869-2845

Office Hours:
CLOSED MONDAY
Tuesday & Friday
8:30 a.m. - 12:30 p.m.
Wednesday
8:30 a.m. - 4:00 p.m.
Thursday
2:00 p.m. - 4:00 p.m.

Sacred Heart
1465 Lecaron Avenue,
Sarnia, N7V 3J4
(519) 344-2992

Office Hours:
CLOSED MONDAY
Tuesday - Friday
8:30 a.m. - 12:30 p.m.
2:00 p.m. - 4:00 p.m.

General Inquiries extension 0

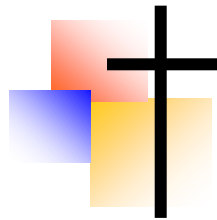
Parish Email smsh@dol.ca

Parish Website www.smshsarnia.ca

Fax 519-333-6897

FORMED
The Catholic Faith on Demand
Login: formed.org
Parish Code: D3HHDB

Catholic Parishes of St. Michael and Sacred Heart



Called - Nurtured - Sent
To carry on the Mission of Christ

March 10th - First Sunday of Lent

Our Faith Community

A Prayer for Lenten Grace

Loving God, during the sacred season of Lent, bring me closer to you. Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life. Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity. Help me to fast from those things that threaten the well-being of body and soul, remind me of the grace and simplicity. May this season be grace-filled time to rekindle my love for and faith in you. Amen

Stations of the Cross this Lent

Join us for parish led Stations of the Cross at 7pm Monday evenings at St. Michael Church (begins March 11) and Thursday evenings at 7pm at Sacred Heart Church. Stations of the Cross follow the 6:30 evening Masses at each of the churches.

Digital Platforms for Lent

Lent invites us to turn our minds and hearts back to the God of mercy. Discover inspiring ways to observe the season with these ideas.

www.loyolapress.com – Click on the opening Lent banner for a variety of Lenten activities, prayers and resources for the whole family.

www.formed.org – MANY digital options for ALL ages to watch, listen, scripture study & read this Lent & always. On the opening banner, sign up for a Lent book club or daily reflections. (Set up your personal account using the Parish code - D3HHDB).

www.wordonfire.org – Journey through Lent with Bishop Robert Barron. Click on the Browse by tab and choose Season – Lent for a variety of options.

www.dynamiccatholic.com – Enter Best Lent Ever in the search bar and journey with Matthew Kelly and his team this Lent.

Day of Confessions:

The Day of Confessions is a day marked by the Diocese of London to give special attention to the Sacrament of Penance and Reconciliation. We invite all Roman Catholics to take advantage of this day by preparing for, and for celebrating this Sacrament in preparation for the coming Easter Celebrations. To echo the words of St. Pope John Paul II "Those who have been far away from the Sacrament of Reconciliation and forgiving love I make this appeal: Come back to this source of grace; Do not be afraid! Christ Himself is waiting for you. He will heal you and you will be at peace with God." [San Antonio, Texas September 13, 1987] How does one prepare for the Sacrament of Penance and Reconciliation? By performing a proper examination of conscience! Just Google one OR pick one up from your local parish church.

In the city of Sarnia this year, The Day of Confessions will be held on **Wednesday, April 10, 2019** at two churches; **Our Lady of Mercy (390 N. Christina St.)** and **Sacred Heart (1465 Lecaron Ave.) from 8:00 am until 9:00 pm.** There will be our various city priests available throughout the day.

More Lent Trivia (see the answers on the back cover)

- 1) During Lent, some people prepare to become Catholic. What is this preparation program called?
- 2) What does it mean to fast?
- 3) What sacrament are we asked to receive at least once during the Lenten and/or Easter seasons?
- 4) What special prayer helps us to reflect on Jesus' passion and death?
- 5) What is the last week of Lent called?



Like Us On Facebook (stmichaelsandsacredheartcatholicparishes)

Masses and Intentions
The Rosary is prayed 25 minutes before each weekday Mass

Monday, March 11th (Stations following Mass)

St. Michael - 6:30p.m.

Domenico Iacobelli *Olga*
Theresa Ritonja *Dorothy Wright*
Mary Varsava *Helen Hulaj*
Special Intentions

Tuesday, March 12th

Sacred Heart - 8:30a.m.

Llew Falla *Mom & Michaeline*
Natalino & Maria Lepore..... *Rosa Recchia & Family*
Cleodice Torti *The Sweeney Family*
In Thanksgiving *Albert & Pierrette Bergeron*
For the intentions of the Ethridge Children *Glen & Michelle*
Ethridge

Wednesday, March 13th

St. Michael - 8:30a.m.

Sandy & Moira McKeith..... *Dorothy Wright*
Bob DiBona *In Loving Memory, Maria, Jacob & Olivia*

Thursday, March 14th

Twin Lakes Terrace - 10:30a.m.

Howard Miller..... *Jean*

Sacred Heart - 6:30p.m. (Stations following Mass)

Filomena Benacquista..... *Mario & Maria Scaccia & Roberto*
Lynn Barcroft *Mary Ann & Family*
Frank & Mahala Moynihan *Sue & Leo Delsnyder*
Mom, Dad, Eileen, Francis and Jack *The Family*
Antonio DiCarlo..... *Sister, Antonietta Longo & Family*
For the deceased members of the Cicchini Family *Onorio & Pasqualina Cicchini*

Friday, March 15th

Sacred Heart - 8:30a.m.

Nino & Nives Marson..... *The Family*
Tom Moore *Wife, Sheila, Son, Tom & Daughter, Jen & Family*
Rosa & Umberto Fanfone..... *The Roncone Family*
Gail McMath *Helen Tavares*
Gino Scarpelli *Tony & Edda*

Saturday, March 16th

St. Michael - 8:30a.m.

Iain Bickerstaff..... *Nancy & Fiona*
Mary Varsava *Helen Tavares*
Prayers of Healing for Trish Berg..... *George Stanko*

Reconciliation & Weekend Mass Times

Sacrament of Reconciliation Saturday

Sacred Heart *11:00a.m. - 12:00p.m.*
St. Michael *4:00 - 4:30p.m.*

Weekend Vigil Masses

St. Michael *5:00p.m.*
Sacred Heart *5:30p.m.*

Sunday Masses

Sacred Heart *9:00a.m. & 11:00a.m.*
St. Michael *10:00a.m.*

We remember those who have died

- Paula Stenkamp, wife of Werner and mother of Bernd and of Ellen
- Antonio DiCarlo, brother of Antonietta Longo

Please pray for those who are sick

Trish Berg, Hilda Lavine, Devon Neil, Élie Bergeron, Florence & Stan Laird, Dennis Graveline, Angela Lopetrone, Anna Halford, Barry Mattigan, Carol Fera, Basil Kuiack, Stefan Durco, Kevin Kuindersma, Corinne Evans, Anna Kyksa, Fran Varga, Robert, Betty Warnez, Leo Delsnyder



Readings for Sunday, March 17th

1st Reading: Genesis 15: 5-12, 17-18

2nd Reading: Philippians 3: 17-4: 1

Gospel: Luke 9: 28b-36



Youth Group Spring Session for Grades 5-6-7

All students in grades 5, 6 & 7 are welcome to come out for fun, faith, friends & food on Monday nights at Sacred Heart Church.



Contact Christine to register at cbresette@dol.ca or ext. 28

Dates: Monday, March 18, 25, April 1, 8 & 15

Time: 7:00-8:30

Development and Peace

Share the journey with poor coastal communities in Tacloban, the Philippines.

In 2013, poor coastal communities in the Philippines saw their homes ravaged by Super Typhoon Haiyan. Thanks to your donations, Development and Peace and its local partners formed a consortium for the purchase of a piece land that affected communities were empowered to transform into the Pope Francis Village. Watch the documentary "After the Storm" to follow the inspiring journey of these communities. The video can be found at: devp.org/en/philippines-documentary. The trailer is available on YouTube under Development and Peace



This week you will find the mini magazine produced by Development and Peace enclosed in the bulletin. It highlights some of the work that has been done by Development and Peace, an organization founded by the Canadian Catholic Bishops 50 years ago.

Presentation of the Bread THANKS!



Many thanks to Maria Tote for baking the multitude of loaves for last weekend's Presentation of the Bread that was celebrated with the grade two children who are preparing for First Holy Communion, and to Jackie Chartrand who wrapped the many loaves. As well,

thanks to all parishioners who brought non-perishable food donations for the SSVP food pantries as a tangible sign that as we are nourished spiritually in the Eucharist we are to go forth and be bread for our world.



Sacred Heart CWL

Attention all! - The annual Cyclone Aid food drive is March 30. The CWL is looking for donations of sandwiches to help feed the willing workers on the day. If you are able to donate a loaf of sandwiches, please contact Pat Hobin at 519-542-8350 or simply leave them in the meeting room kitchen on the afternoon of the 29th.

Your support and generosity is greatly appreciated. Thank you. Additionally, the next general meeting is scheduled for Tuesday April 9, 6:30.

2019 Diocesan Convention - The information for the Diocesan CWL Convention for 2019 is here. Convention dates are April 29, 30 & May 1. It is being held in Windsor. All the information has been placed in a clearly marked envelope in the CWL church office mailbox. If you would like to know more, you may go and read the information during office hours. You may also sign it out for a day or two on the sheet provided if you would like to have a closer look at home. Please leave or return the information to the mailbox for others to read. If interested in attending the convention to represent the Sacred Heart CWL, please contact Pat Hobin by **March 18** at 519-542-8350 or patriciahobin@cogeco.ca.

Euthanasia: Defined and Explained – A Catholic Perspective

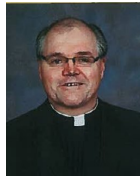
The St. Michael K of C Council 10102 invites you to join them on Tues., March 19th at 7:00pm in the St. Michael meeting room for an insightful presentation on Euthanasia: defined and explained - presented by Alex Schadenberg, the Executive Director of The Euthanasia Prevention Coalition. Coffee & Tea will be provided. There is no fee to attend but a goodwill donation will be gratefully accepted at the door. All are welcome!



ST. MICHAEL & SACRED HEART CATHOLIC PARISHES

Lenten Preaching Mission with Fr. Dan Vere - March 24-27th

The theme for the Mission is “**The Urgency and Power of Prayer**”. All are invited to attend any or all sessions focusing on varied forms of prayer: Centering Prayer, Contemplative Prayer, Lectio Divina Prayer, Mystics Prayer and Breath Prayer. A time of fellowship will follow each session. Come early and enjoy a musical prelude before the mission talks on Sun, Tues & Wed beginning at 6:40.



- Sun. Mar. 24 - Confessions from 6-7pm; Mission talk at 7pm at St. Michael Church
- Mon. Mar. 25 - Mass at 6:30pm; Mission talk at 7pm at St. Michael Church
- Tues. Mar. 26 - Confessions from 6-7pm; Mission talk at 7pm at Sacred Heart Church
- Wed. Mar. 27 - Confessions from 6-7pm; Mission talk at 7pm at Sacred Heart Church

This Week's Events at a glance...

Sun., March 10th	<ul style="list-style-type: none"> • Rite of Election at 3p.m. at St. Peter's Cathedral Basilica, London
Mon., March 11th	<ul style="list-style-type: none"> • Penguins March Break Program from 10a.m.-12p.m. in Meet. Rm - SH • Divine Mercy Devotions at 3p.m. - SH
Tues., March 12th	<ul style="list-style-type: none"> • Penguins March Break Program from 10a.m.-12p.m. in Meet. Rm - SH • Women's Faith Sharing Group at 1p.m. - SH • SH SSVP Meet. at 4p.m. in Meet. Rm - SH
Wed., March 13th	<ul style="list-style-type: none"> • Penguins March Break Program from 10a.m.-12p.m. in Meet. Rm - SH • RCIA at 6:30p.m. in Meet. Rm at St. Benedict Church
Thurs., March 14th	<ul style="list-style-type: none"> • SM Quilting Group at 9a.m. in Meet. Rm - SM • Penguins March Break Program from 10a.m.-12p.m. in Meet. Rm - SH • Mass at Twin Lakes Terrace at 10:30a.m. • SM K of C Gen. Meet. at 7:30p.m. in Meet. Rm - SM
Fri., March 15th	<ul style="list-style-type: none"> • Penguins March Break Program from 10a.m.-12p.m. in Meet. Rm - SH

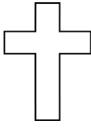
Upcoming Events

(SM=St. Michael, SH=Sacred Heart)

- March 18th - Knitting & Crocheting Group at 1p.m. in Meet. Rm - **SH**
- March 18 - Divine Mercy Devotions at 3p.m. - **SH**
- March 18th - Gr. 5, 6 & 7 Youth Group at 7p.m. in Meet. Rm - **SH**
- March 19th - SSVP Team Building Workshop at 8a.m. in Meet. Rm - **SM**
- March 19th - Women's Faith Sharing Group at 1p.m. - **SH**
- March 19th - RCIA Winter/Spring Session at 1p.m. - **SH**
- March 19th - Associates of the Sisters of St. Joseph at 6p.m. in Meet. Rm - **SH**
- March 19th - Euthanasia Presentation by Alex Shadenburg at 6p.m. in Meet. Rm - **SM**
- March 20th - Single Seniors Pot Luck luncheon at 12p.m. in Meet. Rm - **SH**
- March 20th - RCIA at 6:30p.m. in Meet. Rm at St. Benedict Church
- March 21st - SM Quilting Group at 9a.m. in Meet. Rm - **SM**
- March 21st - Mass at Sumac Lodge at 10:30a.m.
- March 21st - Mass with Anniversary Blessing at 6:30p.m. - **SH**
- March 23rd - First Communion Prep during 5:30p.m. Mass - **SH**
- March 24th - Caring & Sharing Meet. at 9a.m. in Meet. Rm - **SM**
- March 24th - First Communion Prep during 10a.m. Mass (**SM**) and 11a.m. Mass (**SH**)
- March 24th - Lenten Preaching Mission at 7p.m. with Fr. Dan Vere - **SM**

Pray for Vocations: March 10th to March 16th

Sunday: Mrs. Betty Hompoth, Pastoral Minister
Monday: Deacon Victor Salazar
Tuesday: Rev. Gerard Bedard
Wednesday: Rev. Joseph Kannath
Thursday: Mrs. Alice Chinnick, Catechist
Friday: Rev. Russell Shantz
Saturday: Sister Magdalena Vogt, C.P.S., Pastoral Minister



Please remember to pray for our Holy Father, Pope Francis

Shrove Tuesday Pancake Supper - A GREAT Success!

We had a full house for Shrove Tuesday's Pancake Supper. Many thanks to the Vocation Ministry committee for organizing the event and for the many helping hands from members of both the St. Michael and Sacred Heart K of C councils and other parishioners. It was a wonderful intergenerational event with parishioners of all ages joining together in preparation for Ash Wednesday fasting and abstinence. Thanks again for all of the food, fun and fellowship!

Making Palm Crosses

A suggestion was brought forth to bring palm crosses to home bound parishioners following the Passion Sunday Masses. If making palm crosses is one of your special gifts, please contact the parish office and let us know. Thanks!

Deanery/Community Events

Sarnia Justice Film Festival Presents...

At the Fork

A refreshingly unbiased look at how farm animals are raised for our consumption. The filmmaker asks the tough questions behind every hamburger, glass of milk and baby-back rib. What he discovers are not heartless industrialists, but America's farmers—real people who, along with him, are grappling with the moral dimensions of farming animals for food.

This film will be shown at the Sarnia Library Theatre on Saturday, March 23rd at 7p.m. All are welcome!

Friendship

2019 Annual Women's Seminar

Learn about friendship and the positive effect it has on you and others. Realize how important you are as a woman in building up a warm and positive society. The guest speaker will be Dr. Kathleen Lalande, a registered Psychologist who will speak on Friendship: Benefiting You and Others. The 2 workshops are titled Friendship in the Family and Friendship in the Professional World.

Saturday, March 30th from 10a.m. to 4p.m. at John Paul II Catholic Secondary School, (1300 Oxford Street E, London,

ON) The cost is \$35 and includes lunch. To register, please go to info@famfi.ca

Sarnia/Lambton SSVP/J&JY Trades Scholarship



Are you considering studying a trade/college certificate program? Are you currently studying a trade/college certificate program? Can you use some financial assistance? Winners of the "Trades Scholarship Awards" for 2019 will receive \$1000.00 each! Apply to receive financial assistance through the Sarnia/Lambton Society of St. Vincent de Paul/J&JY Trades Scholarship.

Applications are being accepted at the Sarnia Community Foundation, Suite 110 – 560 Exmouth St. Sarnia ON N7T 5P5 (Phone 519-332-2588) till 4 pm April 1, 2019.

How to get an application form?

- See your nearest St Vincent de Paul member.
- Pick up an application form at any of the 7 Society of St Vincent de Paul Thrift Stores in Sarnia/Lambton County
- Pick up an application at the SSVP Help Centre in Sarnia.
- Application forms are available online through the Sarnia Community Foundation at www.sarniacommunityfoundation.ca and Lambton College at www.lambton.on.ca

Family Foundations Institute

Summer Camps

At Family Foundations Institute, summer time means camp time, and camp time means endless hours of fun with family and friends! We are excited to announce the opening of our summer camps registration. Some of the camps offered are:



- ♦ Family Camp: July 14-20, July 21-27, August 25-31
- ♦ Knight's Quest: July 7-12 (Boys 9-14 years old)
- ♦ Anchor Camp: August 18-23 (Girls 9-14 years old)

As we prepare for a busy summer of camps, we are also accepting applications for staff. If you or a teenage son or daughter are interested in camp staff positions, we invite you to email us. For more information, go to info@famfi.ca

Lent Trivia Answers

- 1) RCIA (Rite of Christian Initiation of Adults)
- 2) To give up something or do something for a good purpose.
- 3) Eucharist (Holy Communion)
- 4) The Stations of the Cross
- 5) Holy Week



It's Easy !!!!! Visit our website at smshsarnia.ca
Click on **Donate** from the "Our Parish" dropdown menu.
Click "St. Michael" or "Sacred Heart" under "Make a Gift—Online Donations"

