

**Pastor**  
Fr. Matthew Bedard x.23

**Parochial Vicar**  
Fr. Raymond Masse x.27

**Deacons**  
Deacon David Robertson x.41  
Deacon Christopher Stoesser x.24

**Pastoral Minister**  
Leanne Moran x.25

**Sacramental Secretary**  
Michelle Christie x.21

**Financial Secretary**  
Cathy Cimetta x.22

**Sacred Heart Custodian**  
Ana Maria Moniz x.31

**St. Michael Custodian**  
Ray DiBrita x.30

**St. Michael**  
1920 Wildwood Drive,  
Bright's Grove, NO N 1Co  
(519) 869-2845

**Office Hours:**  
CLOSED MONDAY  
**Tuesday & Friday**  
**8:30 a.m. - 12:30 p.m.**  
**Wednesday**  
**8:30 a.m. - 4:30 p.m.**  
**Thursday**  
**2:00 p.m. - 4:30 p.m.**

**Sacred Heart**  
1465 Lecaron Avenue,  
Sarnia, N7V 3J4  
(519) 344-2992

**Office Hours:**  
CLOSED MONDAY  
**Tuesday - Friday**  
**8:30 a.m. - 12:30 p.m.**  
**2:00 p.m. - 4:30 p.m.**

**General Inquiries** extension 0  
**Parish Email** smsh@dol.ca  
**Parish Website** www.smshsarnia.ca  
**Fax** 519-333-6897  
**Like us on Facebook**  
(stmichaelsacredheartcatholicparishes)

*Catholic Parishes of St. Michael and Sacred Heart*



*Called - Nurtured - Sent*  
*To carry on the Mission of Christ*

**March 8, 2020 - Second Sunday of Lent**

**Our Faith Community**

**Additional Lent Confession Times**

Before all weekday Masses at St. Michael & Sacred Heart Churches between Monday, March 2 and Friday, April 3. See times below:

- Mondays from 5:30 to 6:15pm – St. Michael Church
- Tuesdays from 7:30 to 8:15am – Sacred Heart Church
- Wednesdays from 7:30 to 8:15am – St. Michael Church
- Thursdays from 5:30 to 6:15pm – Sacred Heart Church
- Fridays from 7:30 to 8:15am – Sacred Heart Church



**Other Reconciliation Opportunities**

A city-wide communal penance service will take place at Sacred Heart Church on Sunday, March 22 beginning at 6:30pm. Also, the Diocesan Day of Confessions for Lent will take place on Wednesday, April 1 from 8am-9pm at St. Thomas Aquinas & Our Lady of Mercy Churches.

**Evening Event: Conscience Rights and End of Life Care in Canada Today**

The St. Michael's Knights of Columbus Council 10102 invite all Parishioners of Sacred Heart and Saint Michael to please attend an informative evening event, in support of Life, to be held at St. Michael Church on Wednesday, March 11th from 7:00-8:30 pm. Dr. Glen Maddison will speak on these pressing issues that confront the medical community, elders, the infirm and indeed, all of us today. The slide-show and talk will also feature a Question and Answer session. There will be a complimentary reception with snacks and refreshments provided to follow. The presentation is open to all with a good-will donation being suggested, at the door, to benefit the Rayjon charitable organization. Please come and be informed.



**Words of Wisdom from our Lenten Retreat with Bishop Fabbro**

Our parish retreat day with Bishop Fabbro last Saturday was absolutely wonderful! He shared personal stories and reflections that had something for everyone. There was ample opportunity for personal reflection time and table sharing. Bishop Fabbro reminded us that Lent is not about what we're working on, but what God's working in us. Bishop Fabbro also shared beautifully worded encouragement for parents to be disciples to their children – to teach them to pray, to know Jesus, to live the Gospel, to use their gifts and talents to serve others, to see the face of Jesus in others, to care for the environment and to be a witness to others of how Jesus is working in their lives. Words for all of us to live by! Many thanks to Bishop Fabbro and to all who helped make the day such a resounding success.

*many thanks!*

**It's a St. Patrick's Day Party & Irish Sing Along!**



Get our your green, dust off your Irish whistle (or any other instrument!) and get ready for a St. Patrick's Day celebration! ALL are invited to a St. Patrick's Day potluck lunch and afternoon of fun on Tuesday, March 17. Come anytime after 11:30am. Lunch will be at noon. Bring your favourite main dish, salad or dessert and join the FUN! If you get a chance, please sign up at church or email or call the office so we have an idea how many people to set up for. Hope you can join us! If you have a talent you'd like to share please let us know.

## Masses and Intentions

*The Rosary is prayed 25 minutes before each weekday*

### Monday, March 9th

#### St. Michael - 6:30p.m.

Domenico Iacobelli ..... Olga  
 Martin Riley ..... Gisele DeSena  
 Maria Scarpelli ..... Marg Maheu  
 Rosario Muscedere Sr. .... Pasquale & Wilma Palombo  
 Irene Pusiak ..... Ann Kozulak

### Tuesday, March 10th

#### Sacred Heart - 8:30a.m.

Vincent & Neva Alterio ..... The Family  
 Werner Stenkamp ..... Sacred Heart Parish  
 Richard Walsh .....  
 Wilma McNeill ..... Larry Renaud  
 For the intentions of the Ethridge Children ..... Glen & Michelle  
 Ethridge

### Wednesday, March 11th

#### St. Michael - 8:30 am.

Ennio DeSena ..... Gisele & Family  
 Fran Foster ..... Dick & Sue Carey

### Thursday, March 12th

#### Twin Lakes Terrace - 10:30a.m.

Jennifer Miller ..... Marliese Dixon  
 For all residents and staff .....

#### Sacred Heart - 6:30p.m.

Leo Delsnyder ..... Sue & Family  
 Lynn Barcroft ..... Mary Ann & Family  
 Maria Iafrate ..... Giovanna Arcuri  
 Mary Frances Gamble ..... Peter & Stella Burns  
 For the intentions of the Gamble Family ..... Peter & Stella Burns

### Friday, March 13th

#### Sacred Heart - 8:30 a.m.

Robert Kelly ..... Sacred Heart Parish  
 Choukre Monsour ..... Eli & Nadia Chawah  
 Pat Abdey ..... Joe & Mary Theriault  
 Ken Conroy ..... Joe & Mary Theriault  
 Paul McLean ..... Joe & Mary Theriault

### Saturday, March 14th

#### St. Michael - 8:30a.m.

Iain Bickerstaff ..... Nancy & Fiona  
 Prayers of Healing for Trish Berg ..... George Stanko

#### Sacrament of Reconciliation Saturday

Sacred Heart ..... 11:00a.m. - 12:00p.m.  
 St. Michael ..... 4:00 - 4:30p.m.

#### Weekend Vigil Masses

St. Michael ..... 5:00p.m.  
 Sacred Heart ..... 5:30p.m.

#### Sunday Masses

Sacred Heart ..... 9:00a.m. & 11:00a.m.  
 St. Michael ..... 10:00a.m.

## Readings for Sunday, March 15th

1st Reading: Exodus 17: 3-7

2nd Reading: Romans 5: 1-2, 5-8

Gospel: John 4: 5-42



## We remember those who have died

- Betty Warnez
- Fabiola Lacroix

## Please pray for the sick of our parish

Trish Berg, Hilda Lavine, Devon Neil, Florence & Stan Laird, Dennis Graveline, Anna Halford, Barry Mattigan, Carol Fera, Basil Kuiack, Kevin Kuindersma, Corinne Evans, Anna Kyksa, Fran Varga, Robert, Paula McNichol, Tom Rocca Sr., John L'Heureux, Tony Ritonja, Bobby Redman, Betty Mackey, Solange DeMeyer, Anne Heytens, Jim Stearn, Crystal Shooster, Danny Graveline, Norma Carson, Joyce Bisson, Tom Kelly, Antonio Tudino



## Stations of the Cross this Lent

Join us for parish led Stations of the Cross at 7pm Monday evenings at St. Michael Church (begins March 2) and Thursday evenings at 7pm at Sacred Heart Church (begins February 27). Stations of the Cross follow the 6:30 evening Masses at each of the churches.



## Save The Date - Communal Penance Celebration

**Sunday, March 22nd 6:30 pm to 8:30 pm at Sacred Heart Church**



A Communal Penance Celebration is an occasion for members of the community to come together in order to celebrate the merciful, reconciling love of God. The celebration includes the opportunity for individuals to receive sacramental pardon and absolution of their sin.

While sin is deeply personal it is never strictly private, there is a public or communal dimension to all sin. Sin affects our relationship with God, with others, with self and even with the environment. The communal penance celebration is therefore also an opportunity to be reconciled with the community and experience the healing that comes from this liturgical action. Hence the Rite of Penance recommends that the sacrament be celebrated in a communal setting where by the ecclesial nature of penance is more clearly seen and experienced.

The celebration prepares us for reconciliation through various elements including the word of God, prayer and praise, hymns, and examination of conscience and reflection time. Our own celebration on March 22 will include exposition of the Blessed Sacrament for prayer and adoration. There will be several priests on hand to hear confessions and all the faithful from all parishes of the Sarnia deanery are invited to come together for a beautiful evening of faith, fellowship and forgiveness.

## Vacation Bible School 2020 Save the Date!



Mark your calendars now for this year's VBS taking place the week of July 6 - 10. Registration begins on April 1. No early registrations.

## Development & Peace

### For Our Common Home

The cry of the Amazonian Indigenous and traditional communities is awakening the world to the severity of the climate crisis. This is the cry that our campaign For Our Common Home responds.



*Yesica: a voice that reverberates from the Amazon to the Synod*

Yesica Patiachi Tayori of the Peru's Harakbut Indigenous community was invited to the Synod of Bishops for the Pan-Amazon Region in October 2019. She said, "We, the Indigenous peoples, have been, are and will always be the guardians of the forest. But caring for our common home is everyone's responsibility, not just that of Indigenous peoples." Development and Peace's partner, the Amazonian Centre for Anthropology and Practical Application (CAAAP), helps the Indigenous peoples of the Amazon ensure that their rights and territories are respected. For this International Women's Day, let us salute the courage of women like Yesica, who bravely lead the defence of the land, water and people. Watch Yesica's testimony at [devp.org/campaign/yesica](http://devp.org/campaign/yesica).

### DINNER AND CARD NIGHTS

Break out from the **WINTER BLUES** and join us for an evening of dinner and euchre card tournament

- March 21 (Pasta and Salad)\*
- April 25 (Bar-B-Q)



\* Gluten free pasta will be available

**Location--St. Michael Church after the 5 p.m. Mass**

Book early by calling Ray DiBrita at 519-869-4193.

There will be a \$5.00 cover charge to purchase the food, etc. Soft drinks and coffee will be provided.

**NB** If you would like to bring a dessert to share with others, please drop it off at the church.

**Don't be disappointed, book now for one event or as many dates as you would like.**

### Sacred Heart CWL News

#### Cyclone Aid food drive is March 28th

Our CWL will again be asking for donations of sandwiches to feed the students, staff and volunteers helping with this great community effort. Anyone who wishes to donate a loaf or two of sandwiches please contact Sharon Sharp at 519-383-7578 for details. If you can donate sandwiches you may like to leave them in the meeting room kitchen. Please do so only the day before which is Friday, March 27. Please let Sharon Sharpe know so that she can keep track of the 30 loaves required for the day. Your donations of prepared sandwiches are greatly appreciated. Of course, our CWL sandwiches are notoriously the best! Thank you very much for your support and generosity!



### The Social Justice & Missions Committee Invites you to A Solidarity Soup Lunch

Sunday, March 29 – following 10a.m. Mass at St. Michael Church. Bring the whole family! All you can eat .....

### This Week's Events at a glance...

<b>Sun., March 8th</b>	<ul style="list-style-type: none"> <li>• 1st Comm. Prep during 10a.m. Mass at <b>SM</b> and 9 and 11a.m. Masses at <b>SH</b></li> </ul>
<b>Mon., March 9th</b>	<ul style="list-style-type: none"> <li>• Knitting &amp; Crocheting at 1p.m. in Meet. Rm - <b>SH</b></li> <li>• Divine Mercy Devotions at 3p.m. - <b>SH</b></li> <li>• Confessions from 5:30p.m. to 6:15p.m. - <b>SM</b></li> <li>• Stations of the Cross at 7p.m. - <b>SM</b></li> </ul>
<b>Tues., March 10th</b>	<ul style="list-style-type: none"> <li>• Confessions from 7:30a.m. to 8:15a.m. - <b>SH</b></li> <li>• Women's Faith Sharing Group at 1p.m. - <b>SH</b></li> <li>• SH SSVP Meet. at 4p.m. in Meet. Rm - <b>SH</b></li> </ul>
<b>Wed., March 11th</b>	<ul style="list-style-type: none"> <li>• Confessions from 7:30a.m. to 8:15a.m. - <b>SM</b></li> <li>• RCIA at 6:30p.m. at St. Benedict Church</li> <li>• SM K of C Sponsored Event: Conscience Rights and End of Life Care in Canada Today at 7p.m. - <b>SM</b></li> </ul>
<b>Thurs., March 12th</b>	<ul style="list-style-type: none"> <li>• Quilting Group at 9 a.m. in Meet. Rm. - <b>SM</b></li> <li>• Mass at Twin Lakes Terrace at 10:30a.m.</li> <li>• Confessions from 5:30p.m. to 6:15p.m. - <b>SH</b></li> <li>• Stations of the Cross at 7pm - <b>SH</b></li> <li>• SM K of C Gen. Meet. at 7:30p.m. in Meet. Rm - <b>SM</b></li> </ul>
<b>Fri., March 13th</b>	<ul style="list-style-type: none"> <li>• Confessions from 7:30a.m. to 8:15a.m. - <b>SH</b></li> </ul>

### Upcoming Events

(SM=St. Michael, SH=Sacred Heart)

- March 16th - Confessions from 5:30p.m. to 6:15p.m. - **SM**
- March 16th - Stations of the Cross at 7p.m. - **SM**
- March 17th - Confessions from 7:30a.m. to 8:15a.m. - **SH**
- March 17th - St. Patrick's Day Parish Party - **SH**
- March 18th - Confessions from 7:30a.m. to 8:15a.m. - **SM**
- March 19th - Mass at Sumac Lodge at 10:30a.m.
- March 19th - Confessions from 5:30p.m. to 6:15p.m. - **SH**
- March 19th - Mass with Anniversary Blessing at 6:30p.m. - **SH**
- March 20th - Confessions from 7:30a.m. to 8:15a.m. - **SH**
- March 21st - Dinner & Card Night at 6p.m. in Meet. Rm - **SM**
- March 22nd - Communal Penance Service at 6:30p.m. - **SH**

Donations accepted for Development & Peace (Suggested Adults \$7 - Children \$4)

A large variety of delicious homemade soups, hot dogs, rolls, cookies, juice, tea, coffee.



If you would like to make a pot of soup or cookies for this event, please contact Vera Lawlor at [vlawlor@cogeco.ca](mailto:vlawlor@cogeco.ca) (869-4389) or Greg Stewart at [stewgreg@gmail.com](mailto:stewgreg@gmail.com) (869-4262) or sign up on the sheet in the narthex.

Proceeds will go toward DEVELOPMENT AND PEACE SHARE LENT CAMPAIGN. Thank you for your support!



**Pray for Vocations: March 8th to March 14th**

Sunday: Rev. Frederick Howard-Smith

Monday: Deacon Andre Dedecker

Tuesday: Mrs. Betty Hompoth, Pastoral Minister

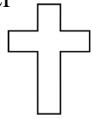
Wednesday: Deacon Victor Salazar

Thursday: Rev. Gerard Bedard

Friday: Rev. Joseph Kannath

Saturday: Mrs. Alice Chinnick, Catechist

**Please remember to pray for our Holy Father, Pope Francis**



**Deanery/Community Events**

**Society of St. Vincent de Paul Food Bank & Help Centre**

During the month of January, the Food Bank and Help Centre responded to 488 calls for assistance. As well as food, \$4,239.10 was given to 10 clients to help pay for rent and utilities. You can assist our needy citizens by donating food and bringing it to the Food Bank at the corner of Davis and Euphemia Streets. Monetary donations would really be welcomed. Please note that some parish churches may have a St. Vincent de Paul Society collection box at their entrance where dry food and personal care items for the Food Bank can be dropped off. Please check your parish church.

The Society of St. Vincent de Paul thanks all the supporters of the Food Bank & Help Centre and the work of our Society.



**Purposeful Womanhood**

**2020 Annual Women's Seminar**

Find focus and peace by learning how to discover your God-given purpose in order to transform your life into a journey of love. With practical tools and tips from a guest speaker and available resources, the day aims to encourage women to build friendships and grow in their own unique roles. The guest speaker will be Anne Marie Posella, a psychotherapist, who has completed a Master of Arts in Theology, and a Master of Arts in Counselling Psychology and holds a Certificate in Pastoral Ministry.

Saturday, March 28th from 9:30a.m. to 3:30p.m. at St. Thomas Aquinas Secondary School, (1360 Oxford St W, London, ON) The cost is \$40 if you register online (info@famfi.ca) or \$50 at the door. This includes lunch, refreshments, and two talks.

**Migrant Worker Ministry / Sarnia Deanery**

The growing and harvest season at the various greenhouses and farms in our Deanery is upon us, which means many migrant workers from Mexico, Guatemala and Honduras have arrived to live, work and worship in our area. With the increased numbers at several new greenhouses in Forest and surrounding areas we will have many more workers to spiritually serve through our ministry. We are in great need of recruiting more drivers to pick up migrant workers from Sipkens Greenhouse

and Envirofresh, Sarnia and drive them to St. Christopher Parish in Forest for Mass, dinner and comradeship once a month. Several workers are also keenly interested in attending the English as a Second Language course offered at the YMCA on Oakdale St., Sarnia twice a week. Obviously the more drivers we have the lighter the load for everyone.

To become a volunteer driver involves a short training session with the Migrant Worker Ministry Specialist, Deacon Tony Hogervorst and acceptance from the "Called, Gifted & Sent" Program available through our Deanery churches. If you are interested in serving in this ministry, please contact Vera Lawlor at vllawlor@cogeco.ca or 519-869-4389 or Tony Hogervorst at thogervorst@dol.ca or 519-670-0891.

For the dinners each month we are also in need of baking or donations of fresh fruit and we can always use more hands to help with clean up. Spanish Masses are held the 4th Sunday of each month (March 22, April 26, May 24, June 28, July 26, August 23, September 27, October 25, November 22, December (TBD). Time commitment for the day is usually from 4 p.m. to 8:30 p.m. if you are a driver and 6:30 p.m. to 8:30 p.m. if you are on clean up only.

Thank you for your support for this important ministry of welcoming and spiritually supporting our migrant parishioners. Another valuable and much appreciated support is financial donations which can be made toward Migrant Worker Ministry, c/o St. Christopher Parish, 68 Union St., Forest, ON, N0N 1J0.

**The Daily Examen**



The examen, or examination of conscience, is a quick prayer to help you see where God was active in your day. Usually done for 15 to 20 minutes at the end of a day, the prayer was popularized by St. Ignatius Loyola, the founder of the Jesuit Order, in his classic text *The Spiritual Exercises*. Use these five easy steps to pray the Examen every day, and soon you'll begin to see God's presence more easily.

1. Presence: Remember that you're in the presence of God in a special way when you pray. Ask God for help in your prayer.
2. Gratitude: Recall two or three things that happened today for which you are especially grateful. Savour them. Then thank God for these gifts.
3. Review: Review your day from start to finish, noticing where you experienced God's presence. Notice everything from large to small: from an enjoyable interaction with a friend to the feel of the sun on your face. When did you love? When were you loved?
4. Sorrow: You may have sinned today or done something you regret. Express your sorrow to God and ask for forgiveness. If it's a grave sin, pray about seeking forgiveness from the person offended, or the sacrament of reconciliation.
5. Grace: You may want to return to a meaningful part of your prayer and speak to God about how you felt. At the close of the prayer, ask for God's grace for the following day.

Over time, as you pray the Examen, you'll notice God's presence in the moment, rather than just at the end of the day. You'll see that your whole day can be a kind of prayer. Soon you'll discover that you've become, as Jesuits, like to say, a contemplative in action. (James Martin, S.J.)



It's Easy !!!!! Visit our website at [smshsarnia.ca](http://smshsarnia.ca)  
Click on **Donate** from the "Our Parish" dropdown menu.  
Click "St. Michael" or "Sacred Heart" under  
"Make a Gift—Online Donations"

